

# FREE

# 7 DAY PASS >>>

Move more  
with 1610...



MENTAL  
HEALTH  
AWARENESS  
WEEK  
13-19 MAY 2024

# 1610

# 1610 >>> FREE 7 DAY PASS

NAME

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ADDRESS

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POSTCODE

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MOBILE

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EMAIL

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WHERE DID YOU COLLECT THIS PASS?

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VALID DATE (Office use) 30th June 2024

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Please tick the box if you are happy to receive information about our membership offers:

(Tick all that apply) **Email**  **Mobile**  **Post**  **Phone**

This offer can only be redeemed once by any one person, full terms and conditions apply: [www.1610.org.uk/promotions/daypass](http://www.1610.org.uk/promotions/daypass)

## >>> Looking to use the fitness suite?

Call your local centre to book your KickStart session.

# 1610

[www.1610.org.uk](http://www.1610.org.uk) 

