

CHRISTMAS

Opening Hours



Mon	23rd	December	7.00am - 6.00pm (Gym Only 4.00-6.00pm)
Tue	24th	December	7.00am - 12.00pm
Wed	25th	December	Closed
Thu	26th	December	Closed
Fri	27th	December	7.00am - 6.00pm (Gym Only 4.00-6.00pm)
Sat	28th	December	7.00am - 12.00pm
Sun	29th	December	7.00am - 12.00pm
Mon	30th	December	7.00am - 6.00pm (Gym Only 4.00-6.00pm)
Tue	31st	December	7.00am - 12.00pm
Wed	1st	January	Closed
Thu	2nd	January	7.00am - 6.00pm (Gym Only 4.00-6.00pm)
Fri	3rd	January	7.00am - 6.00pm (Gym Only 4.00-6.00pm)
Sat	4th	January	7.00am - 7.00pm
Sun	5th	January	7.00am - 8.00pm

WISHING YOU A VERY **MERRY CHRISTMAS**
AND A **HAPPY & HEALTHY NEW YEAR!**

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