

From 7th - 27th April 2025

1610

# HOLIDAY SWIM TIMETABLE

Trinity Sports and Leisure  
Chilton Street, Bridgwater TA6 3JA

T 01278 429119 

Membership could  
**save you**  
**up to £45.60**  
per month compared  
to pay as you go\*



\*Based on 2 fitness studio sessions and 2 swims per week

## MAIN POOL - EASTER WEEK 1

Time	Mon						Tue						Wed						Thu						Fri						Sat						Sun																													
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6																														
06.00	06.00-08.00 Early birds						06.00-08.00 Early birds						06.00-08.00 Early birds						06.00-08.00 Early birds						06.00-08.00 Early birds						07.00-08.00 Early birds																																			
07.00																																																																		
08.00	08.00-08.45 AquaFit						08.00-08.45 Aqua HiIT						08.00-09.00 Just lanes						08.00-09.00 Just lanes						08.00-09.00 Just lanes						08.00-11.00 Swim lessons						08.00-09.00 Early birds																													
09.00	08.45-09.30 Aqua MOVE						08.45-10.00 Just lanes						9.00-10.00 Golden Group swim						09.00-09.45 Water Circuits						09.00-10.00 Aqua Gym																		09.00-10.00 Golden Group swim																							
10.00	09.30-11.00 Fun 'n' floats						10.00-11.30 Fun 'n' floats						10.00-10.45 Water Circuits						10.00-11.00 Just swim						10.00-11.00 Just lanes																		10.00-11.00 Swim lessons																							
11.00	11.00-12.00 Just swim						11.30-12.00 Adult lessons						11.00-12.00 Just swim						11.00-12.00 Just swim						11.00-12.00 Just swim						11.00-12.00 Just swim						11.10-11.55 Disability swim*						11.10-11.55 Deep Water Aqua†																							
12.00	12.00-13.15 Lunchtime lanes						12.00-13.30 Lunchtime lanes						12.00-13.30 Lunchtime lanes						12.00-13.30 Lunchtime lanes						12.15-13.00 AquaFit						12.00-13.30 Lunchtime lanes						12.00-13.00 Fun 'n' floats						12.00-13.00 Fun 'n' floats																							
13.00																																					13.00-14.00 Inflatafun						13.00-14.00 Bring your own inflatable																							
14.00	13.30-15.00 Inflatafun						13.30-14.45 Just swim						13.30-14.30 Just swim						13.30-14.30 Fun 'n' floats						13.30-14.45 Just swim						14.00-15.00 Birthday party						14.00-15.00 Just swim																													
15.00							14.45-15.30 Disability swim*						14.45-15.30 Deep Water Aqua†						14.30-15.30 Just lanes						14.45-15.30 Disability swim*						14.45-15.30 Deep Water Aqua†						14.45-15.30 Aqua MOVE						14.45-15.30 Just lanes						15.00-16.00 Birthday party						15.00-16.00 Just lanes						15.00-17.00 Swim Lessons					
16.00	15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.00-16.00 Birthday party						16.00-17.00 Just lanes																													
17.00	16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons																																			
18.00	18.00-20.30 Bridgwater Swim Club						17.30-18.00 1-2-1 Swim lessons						18.00-19.00 Just swim						18.00-19.00 Just swim						18.00-19.30 1-2-1 swim lesson						18.00-18.45 Swimfit						18.00-19.45 Bridgwater Swim Club						6.50-7.45 /SL																							
19.00							18.00-21.00 Adult lanes						19.30-21.00 Adult lanes						18.00-21.15 Bridgwater Swim Club						19.45-21.00 Adult lanes																																									
20.00	20.00-20.45 AquaFit						20.30-22.00 Masters Swim Club																																																											
21.00	20.45-22.00 Adult lanes																																																																	

## SMALL POOL - EASTER WEEK 1

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
06.00							
07.00							
08.00							
09.00	09.30-10.30 Just swim	09.00-10.00 Just swim	09.00-10.00 Private hire	09.00-11.00 Swim lessons	09.00-10.00 Just swim	08.00-11.00 Swim lessons	08.00-11.00 Swim lessons
10.00	10.30-12.00 Fun 'n' floats	10.00-11.00 Fun 'n' floats	10.00-11.00 Parent & toddler	09.00-13.00 Swim lessons	10.00-11.00 Just swim	08.00-11.00 Swim lessons	08.00-11.00 Swim lessons
11.00	11.00-12.00 Just swim	11.00-12.00 Just swim	11.00-12.00 Just swim	11.00-12.00 Just swim	11.00-12.00 Just swim	11.00-12.00 Just swim	11.00-12.00 Just swim
12.00	12.00-13.00 Just swim	12.00-13.00 Just swim	12.00-13.00 Just swim	12.00-13.00 Just swim	12.00-13.00 Just swim	12.00-13.00 Just swim	12.00-13.00 Just swim
13.00	13.00-14.00 Fun 'n' floats	13.00-14.00 Fun 'n' floats	13.00-14.00 Fun 'n' floats	13.00-14.00 Fun 'n' floats	13.00-14.00 Fun 'n' floats	13.00-14.00 Fun 'n' floats	13.00-14.00 Fun 'n' floats
14.00	14.00-15.00 Just swim	14.00-14.45 Just swim	14.00-14.45 Just swim	14.00-14.45 Just swim	14.00-14.45 Just swim	14.00-15.00 Just swim	14.00-15.00 Just swim
15.00	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim
16.00	15.00-18.30 Swim lessons	15.00-18.30 Swim lessons	15.00-18.30 Swim lessons	15.00-18.30 Swim lessons	15.00-18.30 Swim lessons	15.00-18.30 Swim lessons	15.00-18.30 Swim lessons
17.00							
18.00							
19.00							
20.00							
21.00							



\*Disability swim is for people of all ages with learning difficulties and disabilities. † Deep end unavailable for Public swimming. • All under 8's must be accompanied by an adult at all times (please refer to our Under 8's Swimming Policy overleaf). • Aqua nappies must be worn by under 3's. • Last admission 1 hour prior to closing. • All sessions are booked separately for the main and small pools – users are not permitted to cross between pools during their swim session. • Please note that the pool will be cleared 5 mins before the end of all swim sessions. • Private lessons may be taking place in any area of the pools at any time. • We reserve the right to change activities at short notice.

## MAIN POOL - EASTER WEEK 2

Time	Mon						Tue						Wed						Thu						Good Fri						Sat						Easter Sun											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6												
06.00	06.00-08.00 Early birds						06.00-08.00 Early birds						06.00-08.00 Early birds						06.00-08.00 Early birds						07.00-08.00 Early birds						07.00-08.00 Early birds																	
07.00																																																
08.00	08.00-08.45 AquaFit						08.00-08.45 Aqua HiIT						08.00-09.00 Just lanes						08.00-09.00 Just lanes						08.00-09.00 Just lanes						08.00-11.00 Swim lessons						08.00-09.00 Early birds											
09.00	08.45-09.30 Aqua MOVE						08.45-10.00 Just lanes						9.00-10.00 Golden Group swim						09.00-09.45 Water Circuits						09.00-10.00 Aqua Gym		09.00-10.00 Golden Group swim		08.00-10.00 Swim lessons																			
10.00	09.30-11.00 Fun 'n' floats												10.00-11.30 Fun 'n' floats						10.00-10.45 Water Circuits						10.00-11.00 Just swim												10.00-11.00 Just lanes						10.00-11.00 Swim lessons					
11.00	11.00-12.00 Just swim						11.30-12.00 Adult lessons												11.00-12.00 Just swim						11.00-12.00 Just swim												11.00-12.00 Just swim						11.00-12.00 Just swim					
12.00	12.00-13.15 Lunchtime lanes						12.00-13.30 Lunchtime lanes						12.00-13.30 Lunchtime lanes						12.00-13.30 Lunchtime lanes						12.15-13.00 AquaFit		12.00-13.30 Lunchtime lanes		12.00-13.00 Fun 'n' floats						12.00-13.00 Fun 'n' floats													
13.00																													13.00-14.00 Inflatafun						13.00-14.00 Bring your own inflatable													
14.00	13.30-15.00 Inflatafun						13.30-14.45 Just swim						13.30-14.30 Just swim						13.30-14.30 Fun 'n' floats						13.30-14.45 Just swim						14.00-15.00 Birthday party						14.00-15.00 Just swim											
15.00							14.45-15.30 Disability swim*						14.45-15.30 Deep Water Aqua†						14.30-15.30 Just lanes						14.45-15.30 Disability swim*		14.45-15.30 Deep Water Aqua†		14.45-15.30 Aqua MOVE		14.45-15.30 Just lanes		15.00-16.00 Birthday party						15.00-16.00 Just lanes		15.00-17.00 Swim Lessons							
16.00	15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.30-16.00 1-2-1 Swim lessons						15.00-16.00 Birthday party						16.00-17.00 Just lanes											
17.00	16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons						16.00-18.00 Swim lessons																							
18.00	18.00-20.30 Bridgwater Swim Club						17.21 Swim lessons						18.00-19.00 Just swim						18.00-19.00 Just swim						18.00-19.30 1-2-1 swim lesson						18.00-18.45 Swimfit						18.00-19.30 Just lanes											
19.00							18.00-21.00 Bridgwater Swim Club						19.00-19.45 Adult swim lessons						19.00-19.45 AquaFit																													
20.00	20.00-20.45 AquaFit						19.45-20.30 Adult Advanced Lessons						19.30-21.00 Adult lanes						18.00-21.15 Bridgwater Swim Club																													
21.00	20.45-22.00 Adult lanes						20.30-22.00 Masters Swim Club																																									

## SMALL POOL - EASTER WEEK 2

Time	Mon		Tue		Wed		Thu		Fri		Sat		Sun	
06.00														
07.00														
08.00														
09.00	09.30-10.30 Just swim	09.00-12.00 Swim lessons	09.00-10.00 Just swim	09.00-10.00 Private hire	09.00-11.00 Swim lessons	09.00-13.00 Swim lessons		09.00-10.00 Just swim		08.00-11.00 Swim lessons		08.00-11.00 Swim lessons		
10.00	10.30-12.00 Fun 'n' floats		10.00-11.00 Fun 'n' floats	10.00-11.00 Parent & toddler				10.00-11.00 Just swim						
11.00			11.00-13.30 Swim lessons		11.00-13.30 Swim lessons		09.30-13.00 Swim lessons		11.00-12.00 Just swim	11.00-12.00 Just swim		11.00-12.00 Just swim		
12.00	12.00-13.00 Just swim	11.00-13.30 Swim lessons							11.00-13.30 Swim lessons		12.00-13.30 Just swim		12.00-13.00 Fun 'n' floats	
13.00	13.00-14.00 Fun 'n' floats					13.15-14.15 Fun 'n' floats		13.30-14.30 Fun 'n' floats			13.30-14.30 Fun 'n' floats			
14.00	14.00-15.00 Just swim	14.30-15.30 Just swim						14.30-15.30 Just swim		14.15-15.15 Just swim				
15.00	15.00-18.30 Swim lessons			15.00-19.00 Swim lessons		16.00-19.00 Swim lessons				15.30-18.30 Swim lessons		16.00-18.30 Swim lessons		
16.00			15.30-16.00 1-2-1 Swim lessons					16.00-19.00 Swim lessons						
17.00	18.00-19.00 Just swim													
18.00														
19.00														
20.00														
21.00														

Time	Easter Mon					Tue					Wed					Thu					Fri					Sat					Sun														
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6									
06.00	06.00-07.30 Competitive swim					06.00-07.30 Competitive swim	06.00-08.00 Early birds					06.00-07.30 Competitive swim	06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds												
07.00	07.00-08.00 Early birds					06.00-08.00 Early birds					06.00-07.30 Competitive swim					06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds					06.00-08.00 Early birds				
08.00	08.00-08.45 AquaFit					08.00-08.45 Aqua HiIT					08.00-09.00 Just lanes					08.00-09.00 Just lanes					08.00-09.00 Just lanes					08.00-11.00 Swim lessons					08.00-10.00 Swim lessons					08.00-09.00 Early birds									
09.00	08.45-09.30 Aqua MOVE					08.45-10.00 Just lanes					9.00-10.00 Golden Group swim					09.00-09.45 Water Circuits					09.00-10.00 Aqua Gym		09.00-10.00 Golden Group swim																						
10.00	09.30-11.00 Fun 'n' floats					10.00-11.30 Schools					10.00-10.45 Water Circuits					09.45-12.00 Schools					10.00-12.00 Schools					08.00-11.00 Swim lessons					08.00-10.00 Swim lessons					10.00-11.00 Just lanes					10.00-11.00 Swim lessons				
11.00	11.00-12.00 Just swim					11.30-12.00 1-2-1 Swim lessons					10.45-12.00 Schools																																		
12.00	12.00-13.15 Lunchtime lanes					12.00-13.30 Lunchtime lanes					12.00-13.30 Lunchtime lanes					12.00-13.30 Lunchtime lanes					12.15-13.00 AquaFit		12.00-13.30 Lunchtime lanes			12.00-13.00 Fun 'n' floats					12.00-13.00 Fun 'n' floats														
13.00	13.30-15.00 Inflatafun					13.30-14.30 Schools					13.30-14.30 Schools					13.30-14.30 Just lanes					13.30-14.45 Schools					13.00-14.00 Inflatafun					13.00-14.00 Bring your own inflatable														
14.00						14.45-15.30 Disability swim*					14.45-15.30 Deep Water Aqua <sup>†</sup>					14.30-15.30 Just lanes					14.45-15.30 Disability swim*		14.45-15.30 Deep Water Aqua <sup>†</sup>			14.45-15.30 Aqua MOVE		14.45-15.30 Just lanes			14.00-15.00 Birthday party					14.00-15.00 Just swim									
15.00	15.30-16.00 1-2-1 Swim lessons					15.30-16.00 1-2-1 Swim lessons					15.30-16.00 1-2-1 Swim lessons					15.30-16.00 1-2-1 Swim lessons					15.30-16.00 1-2-1 Swim lessons					15.00-16.00 Birthday party					15.00-16.00 Birthday party					15.00-16.00 Just lanes					15.00-17.00 Swim Lessons				
16.00	16.00-18.00 Swim lessons					16.00-18.00 Swim lessons					16.00-18.00 Swim lessons					16.00-18.00 Swim lessons					16.00-18.00 Swim lessons					16.00-18.00 Swim lessons					16.00-17.00 Just lanes					16.00-17.00 Just lanes									
18.00	18.00-19.30 Just lanes					1-2-1 Swim lessons		18.00-19.00 Just swim			18.00-19.00 Just swim			18.00-19.30 1-2-1 swim lesson		18.00-18.45 Swimfit			18.00-19.45 Bridgwater Swim Club					6.50-7.45 ASL																					
19.00	18.00-21.00 Bridgwater Swim Club					19.00-19.45 Adult swim lessons			19.00-19.45 AquaFit			19.30-21.00 Adult lanes					18.00-21.15 Bridgwater Swim Club					19.45-21.00 Adult lanes																							
20.00						19.45-20.30 Advanced Lessons			19.30-21.00 Adult lanes					18.00-21.15 Bridgwater Swim Club					19.45-21.00 Adult lanes																										
21.00																																													

## SMALL POOL - EASTER MONDAY / TERM TIME

Time	Easter Mon		Tue	Wed		Thu	Fri	Sat	Sun		
06.00											
07.00											
08.00								08.00-11.00 Swim lessons	08.00-11.00 Swim lessons		
09.00	09.30-10.30 Just swim	09.00-12.00 Swim lessons	09.00-10.00 Just swim	09.00-10.00 Private hire	09.00-11.00 Swim lessons	09.00-13.00 Swim lessons	09.00-10.00 Just swim				
10.00			10.00-11.30 Schools	10.00-11.00 Parent & toddler			10.00-11.00 Just swim				
11.00	10.30-12.00 Fun 'n' floats							11.00-12.00 Schools			
12.00	12.00-13.00 Just swim	11.00-13.30 Swim lessons	11.00-13.30 Swim lessons	11.00-13.30 Swim lessons	09.00-13.00 Swim lessons	09.30-13.00 Swim lessons	11.00-12.00 Just swim	11.00-12.00 Just swim			
13.00	13.00-14.00 Fun 'n' floats									12.00-13.30 Just swim	12.00-13.00 Fun 'n' floats
14.00	14.00-15.00 Just swim						13.30-14.30 Schools	13.30-14.30 Schools	13.00-14.00 Just swim		13.00-14.00 Just swim
15.00	15.00-18.30 Swim lessons	14.30-15.30 Just swim	14.30-15.30 Just swim	14.30-15.30 Just swim	14.30-15.30 Just swim	14.30-16.00 Just swim		14.00-15.00 Just swim			
16.00		15.00-19.00 Swim lessons	15.30-16.00 1-2-1 Swim lessons	15.30-18.30 Swim lessons				16.00-18.30 Swim lessons	15.00-16.30 Swim lessons		
17.00				16.00-19.00 Swim lessons						15.30-18.30 Swim lessons	
18.00			18.00-19.00 Just swim								
19.00											
20.00											
21.00											



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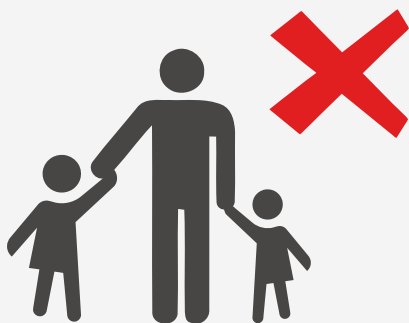
# UNDER 8'S SWIMMING POLICY



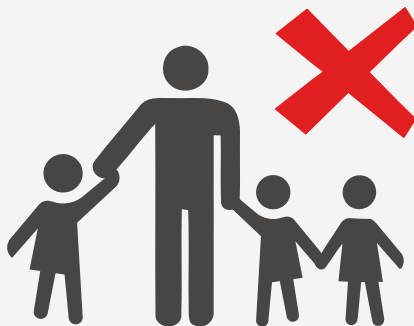
1 adult with 1 child aged  
under 4 years



1 adult with 2 children  
aged 4 - 7 years



1 adult with 1 child under 4 years  
and 1 child aged 4 - 7 years



1 adult with 3 children: 1 aged under 4  
years, 2 aged 4 - 7 years

Supervising adult must be at least 16 years of age and remain in the same pool as the child/ren. Supervising adult must ensure all non-swimmers wear approved swimming aids at all times.